

Mentoring Program

The YouthBuild Mentoring Program at Guadalupe Alternative Programs (GAP) helps to empower youth in our community to make positive life choices that enable them to maximize their potential. The mentoring program uses adult volunteers to commit to supporting, guiding, and being a friend to a young person for a period of at least one year. By becoming part of the social network of adults and community members who care about the youth, the mentor can help youth develop and reach positive academic, career, and personal goals.

Mentor Role

- Take the lead in supporting an adolescent (ages 16-18) through an ongoing, one-to-one relationship
- Serve as a positive role model and friend
- Build the relationship by planning and participating in activities together
- Strive for mutual respect
- Build self-esteem and motivation
- Help set goals and work toward accomplishing them

Time Commitment

- Make a one-year commitment
- At least two face-to-face meetings and two other (e.g. email, phone) contacts a month
- Attend training and orientation and optional mentor/mentee group events, mentor support groups, and program recognition events

Participation Requirements

- Be at least 21 years old
- Be interested in working with young people
- Be willing to adhere to all program policies and procedures
- Be willing to complete the application and screening process
- Attend mentor training sessions as prescribed
- Be willing to communicate regularly with program staff, submit activity information, and take constructive feedback regarding mentoring activities
- Have a clean criminal history
- No use of illicit drugs

Desirable Qualities

- Willing listener
- Encouraging and supportive
- Patient and flexible
- Tolerant and respectful of individual differences

Benefits

- Personal fulfillment through contribution to the community and individuals
- Training sessions and group activities
- Personal ongoing support, supervision to help the match succeed
- Enhance growth by modeling good values and judgment
- Experience the fulfillment of watching a young adult grow, develop skill, and gain confidence
- Be an instrument in reinforcing a sense of hope
- Chance to guide a young adult towards their education and career goal, while gaining a young new friend

Application and Screening Process

- Written application
- Criminal history check: state, child abuse and neglect registry, sexual offender registry
- Personal interview
- Attend mentor training

For more information, contact:

Marcia Soto -Coordinator, Career Development & Community Relations
 Guadalupe Alternative Programs (GAP)
 381 East Robie Street
 St. Paul, MN 55107-2415

651-222-0757 Ext. 318

msoto@gapschool.org